



[SPA & WELLNESS]



Welcome to Spa Suite at the Aureum Spa & Wellness

(Reawaken your spirit in lavish comfort)

Welcome to Aureum Spa, where luxury meets holistic wellness. With over 15 years of distinguished experience in the spa industry, we emerge as a professional leader in providing high-quality treatments tailored to rejuvenate your mind, body, and spirit. At Aureum Spa, every detail is meticulously curated to ensure an unparalleled experience, from our serene atmosphere to our expert therapists. Indulge in our sanctuary of tranquility, and let us guide you towards ultimate relaxation and revitalization. Discover the gold standard in wellness at Aureum Spa.



Corporate Membership

Traditional Thai/Swedish/Aroma/Deep Tissue Balinese/Hammam Turkish Bath/ Sauna Bath/Royal Moroccan Scrub etc.

PACKAGE-1

50,000 + GST
30 Services (60 min.)
Validity-1 Year

PACKAGE-2

1,00,000 + GST
65 Services (60-90 min.)
Validity-2 Year

Comfort Membership

Aroma/Swedish/Deep Tissue/Baliness/Foot Reflexology Scrub Therapy etc.

PACKAGE-1

30,000 + GST
13 Services (60 min.)
Validity-6 Months

PACKAGE-2

15,000 + GST
6 Services (60 min.)
Validity-3 Months

Express package

PACKAGE-1

10,000 + GST
4 Treatment
Validity-1 Months



SPA & WELLNESS

AROMA TREATMENT

One of the most popular treatments on a spa's menu, aromatherapy massage combines the power of essential oils with massage therapy, benefitting both the mind and the body. During an aromatherapy massage, fragrant essential oils are applied to the skin using carrier oil such as jojoba, sesame and olive

Essential oils penetrate your body as they are absorbed through your skin. These essential oils impart benefits to both your mind and your body, including improving your mood. Aromatherapy massage can be beneficial for conditions such as anxiety, depression and insomnia. It helps in mental wellbeing and promoting restorative sleep. In short this treatment is mostly good for your mind not much for body.

3,200/-

60 Mins.

4,500/-

90 Mins.



ABHYANGA

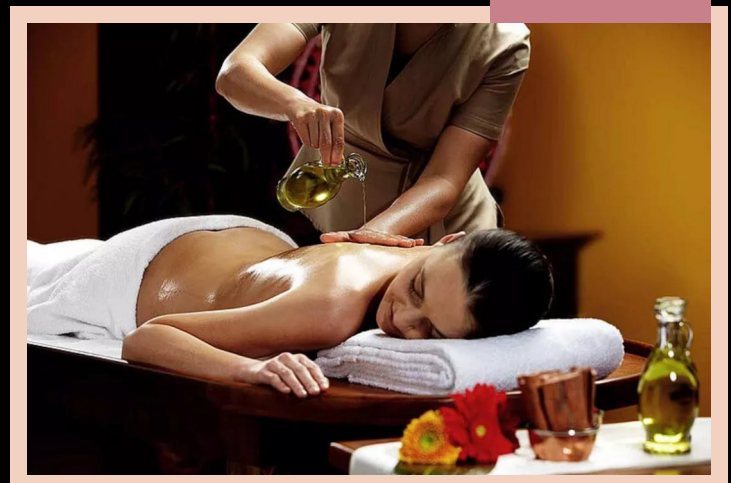
This popular body massage reduces the signs of aging, relieves fatigue, induces sleep, and strengthens the skin and the immune system. It's a ayurvedic treatment with very gentle low pressure mostly people who have insomnia they usually take this therapy for sleeping

3,500/-

60 Mins.

5,100/-

90 Mins.



SWEDISH

It's a whole-body therapeutic massage treatment that works the soft tissues and muscles to help restore health - creating a calming and balancing effect on the nervous system with low to medium pressure.

This massage has series of strokes and techniques specific to the part of your body and what you want to achieve for example, this might be long, gliding strokes across your back to help you relax, or kneading or rubbing your shoulders to unwind any knots. The treatment takes into account the delicate or tender areas of your body, so it should be comfortable and soothing. This massage designed to improve your circulation, soothe your muscles and make you feel more relaxed. This is an ideal massage for relaxation.



3,800/-

60 Mins.

6,500/-

90 Mins.



BALINESE

One of the most famous massage therapies is Balinese Massage. The holistic massage therapy technique has been popularized by the Western countries but is now famous worldwide. Balinese massage combines different massage therapies like acupressure, skin rolling, friction, flicking, a combination of firm and gentle stroking, percussion. its combination of dry and oil treatments where u get quarter time of dry stretching and rest followed by oil or cream. A Balinese Massage will focus on the "Qi" lines of the body. This concept is taken from traditional Chinese Culture. It refers to the energy lines of the body that can be stimulated during the massage to "restore the balance of the body" A Balinese Massage will focus on the "Qi" lines of the body. This concept is taken from traditional Chinese Culture. It refers to the energy lines of the body that can be stimulated during the massage to "restore the balance of the body"

3,800/-

60 Mins.

6,500/-

90 Mins.



DEEP TISSUE

Deep tissue massage works to lengthen and relax deep tissue. This type of massage may help manage pain and increase a person's range of motion.

Deep tissue massage may be a suitable option to treat sports injuries or chronic back pain. The technique is sometimes considered one type of therapeutic massage. Deep tissue massage targets deep areas of muscle, while other massage techniques may focus on superficial body regions.

Certain types of massage are best suited to treat certain conditions as an additional treatment method. The therapist may first warm up the muscles with light pressure, before massaging the targeted area with slow strokes and applying deep pressure with the hands, arms, or elbows. This works to release contracted muscles and tissues. Deep tissue massage works to relax the body and relieve tension. However, it may initially be uncomfortable due to the pressure on the deep muscle areas. This massage is very relaxing if you are too much tired, travelled or regular gym or sports person.

4,200/-

60 Mins.

6,000/-

90 Mins.

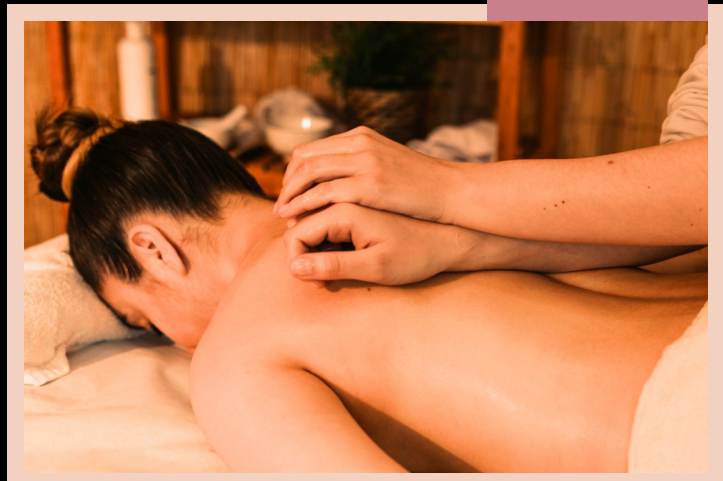


SIGNATURE TREATMENT

This is our special treatment what u can say a fusion treatment it's a combination of various techniques and pressure it's also a small package of relaxation in which we include both dry and oil with gentle to high pressure although u can't compare to any other treatments. We aim to promote relaxation, such as reflexology.

4,900/-

75 Mins.



THAI MASSAGE

Ancient Thai massage is a rhythmic oil-free massage, using a combination of stretching and deep pressure points along the body's major energy channels, restoring the flow of energy in the body and increasing awareness and vitality. Tension is relieved as flexibility enhanced inducing a deep state of tranquility. Traditional Thai Massage, also known as passive yoga, combines gentle rocking and rhythmic compressions with targeted pressure points and assisted yoga stretches. Thai massage revitalizes both body and mind and balances the energy flow within. The therapist will tailor each treatment to meet your individual needs. Kindly wear light clothing, such as kurta pajamas, to wear during this treatment. Or u can ask therapist to provide the same from us.

3,000/-

60 Mins.

4,200/-

90 Mins.



HOT STONE

The therapeutic power of touch combines with the energy of the earth in this muscle relaxing massage. After our signature foot bath, smooth, heated river stones are used in rhythmic flowing strokes over the body to melt tension and soothe emotions. The stones are also placed on various energy points to stimulate the body's natural healing potential.

4,200/-

60 Mins.

5,800/-

90 Mins.



COUPLE TREATMENT

A couple's spa is a type of spa experience designed for two people to enjoy together. There are two options to choose from for a couple's spa; deep tissue massage or Swedish massage.

During a couple's spa session, both individuals receive their chosen spa treatments simultaneously (can be in the same treatment room & individual private suites depending on the availability at the chosen location), allowing them to relax and unwind together. The spa treatments may be customized to each person's individual needs and preferences and may be tailored to address specific concerns or areas of tension. There are several benefits to enjoying a couple's spa experience. It can provide a romantic and intimate setting for couples to spend time together, away from the stresses and distractions of daily life. It can also help to improve physical and emotional well-being, by reducing stress, alleviating pain and tension, and promoting relaxation.

6,800/-

60 Mins.

9,500/-

90 Mins.



BACK, NECK & SHOULDER MASSAGE

This calming mind and body experience is the perfect end to a long drive. We concentrate on your back, neck and head to release you from all these deep seated tensions that cause back pain and headaches.

1,900/-

30 Mins.

3,500/-

60 Mins.



HEAD MASSAGE

A deeply relaxing oil-based massage of head, neck and shoulders using craniofacial techniques to ease tension in the muscles and fascia of the head and upper body, and induce deep sense of calm. A powerful, calming and relaxing massage over the head, neck, shoulder & upper back, conducted in a sitting posture using Ayurvedic medicated oil. This treatment is ideal for anyone who has stiff neck and shoulders. It helps to improve quality of sleep, nourishes the hair roots and is also helpful in managing recurrent headaches

1,900/-

30 Mins.

3,500/-

60 Mins.



FEET REJUVENATING MASSAGE

The reflex point on the soles of the feet is worked on to stimulate energy flow so as to restore harmony to the bodies function. A leg massage included to promote relaxation and to produce a sense of completeness.

2,200/-

30 Mins.

3,800/-

60 Mins.



CUPPING

Cupping therapy dates back to ancient times and was used around the world including in traditional Chinese medicine as well as other cultures. Dry cupping therapy involves cups placed over the skin to create negative pressure through suction. As the air inside the cup cools, it creates a vacuum increasing blood circulation to the area and promoting cellular repair.

3,500/-

60 Mins.

4,800/-

90 Mins.

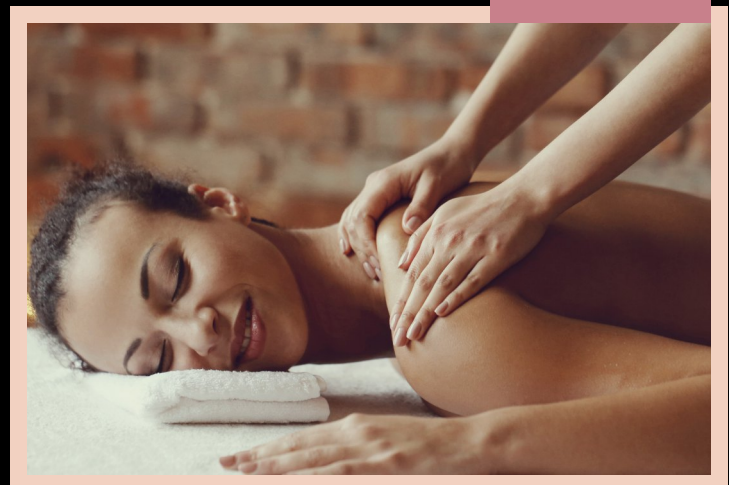


REJUVINATE YOUR BODY

This Is The Combination Of Two Treatments Where You Get A Full Body Selected Massage Followed By Any Chosen Body Scrub Which Gives You Complete Rejuvenation For Your Body

5,800/-

120 Mins.



DAY OF HEVEN

This Treatment Is Designed For Complete Relaxation For Your Body In Which U Can Choose Any One Body Massage Followed By Royal Hammam Which Gives You Feel Of Heven And In The End Your Therapist Give You Foot And Hand Care Which Includes Menicure And Pedicure. This Royal Treatment Will Make Your Day Special.

9,900/-

180 Mins.



AERUM SEA SALT SCRUB

Essential oils of rose, sandalwood infused into natural sea salt helps stimulate and strengthen the skin, while calming and soothing the mind

3,200/-

45 Mins.



INVIGORATING SALT SCRUB

Essential oils of orange, eucalyptus and peppermint are infused into natural sea salt that is mentally and physically stimulating.

3,200/-

45 Mins.

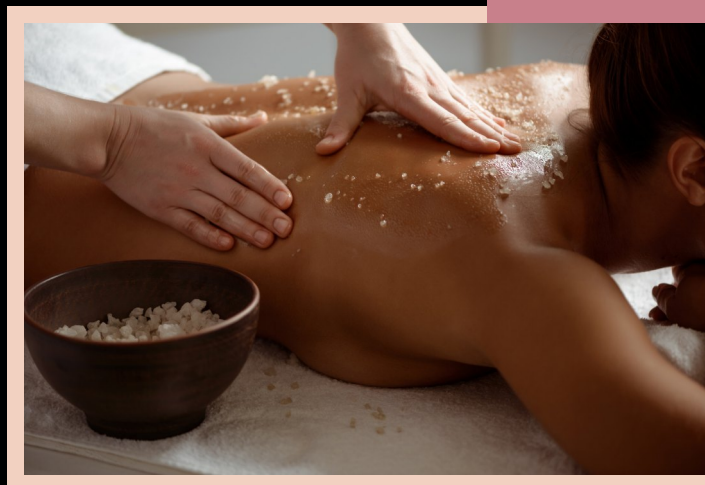


DETOXIFYING SALT SCRUB

Essential oils of grapefruit, cypress and juniper are infused into natural sea salt, which is especially good for cleansing and fighting cellulite.

3,200/-

45 Mins.



WILD ROSE SALT SCRUB

Essential oil of rose infused into natural sea salt helps to balance mind, body and soul.

3,500/-

45 Mins.



PURE INDIAN BODY WRAP

The clay mask is made using ancient herbs and spices. The warming and soothing effects of fruit and healing clay present in the mask enhance the natural healing abilities of the body. You'll feel revived, nurtured and rejuvenated after this treatment.

4,500/-

85 Mins.



AROMA COCOON BODY WRAP

The ultimate in relaxation! Feather light lymphatic drainage movements are induced using a blend of grounding, invigorating, detoxifying, spice, wild rose, or stimulating essential oils. The recipient is cocooned in a warm wrap to enhance the absorption of the chosen blend into the skin. The treatment is complete with an application of warm cream to seal the moisture into the skin.

4,800/-

85 Mins.



ENERGIZING TURMERIC WRAP

The earth is laden with healing minerals that have been celebrated for thousands of years. Enjoy a complete revitalizing and detoxifying treatment in the form of a clay mask that uses energizing, pure elements of mother earth. This experience also consists of a full body detox scrub. Towards the end, calming wild rose moisturizer is applied and the recipient is enveloped in a wrap.

5,500/-

85 Mins.



24K GOLD ANTI AGING FACIAL

this age-defying facial features potent ingredients such as pure cream, sandalwood and 24k Gold that will penetrate into the dermal layers of the skin renewing and regenerating skin cells with a sustained result. Bring a radiant glow to the skin by oxygenating deeply on a cellular level, reduce fine lines and wrinkles while addressing emotional needs such as stress, anxiety and hormonal balance

3,200/-

60 Mins.



AEURUM ORGANIC FACIAL

This complete treatment firms and lifts the skin using natural muscle-relaxing to instantly reduce wrinkles, reinforce collagen, and restore the skin's youthful cushion. Through therapeutic massage and high performing active ingredients, wrinkles are smoothed and reduced. This relaxing experience includes a luxurious Ageless Hand Treatment and Eye Therapy

3,800/-

60 Mins.



AERUM OXYGEN FACIAL

Reveal refined, glowing skin with this quenching experience that provides unparalleled, intensive hydration. A unique blend of vitamins, antioxidants, peptides and humectants result in an instant visible reduction of fine lines, improved firmness and a noticeable lift. In the 90-minute treatment, serum, "Botox for the skin", is used on expression lines, and you will experience ultimate skin rejuvenation on your neck and face

3,500/-

60 Mins.



FOOT AND HAND CARE

MANICURE

1,900/-

30 Mins.

PEDICURE

1,900/-

30 Mins.

ROYAL MANICURE

2,100/-

45 Mins.

ROYAL PEDICURE

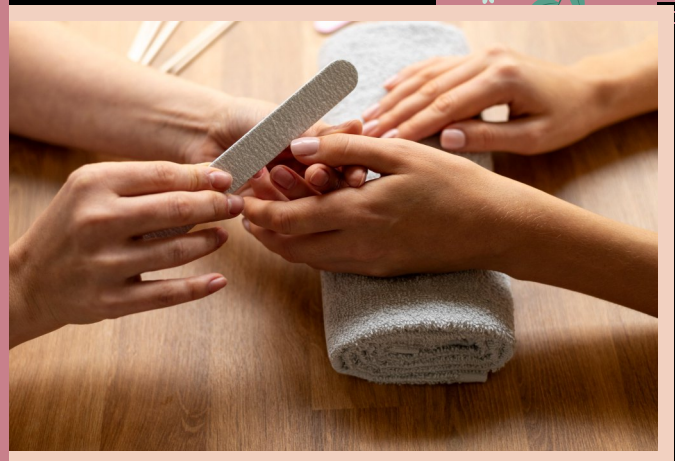
2,100/-

45 Mins.

NAIL POLISH

300/-

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HAIR

In Our therapeutic hair treatments we use purest products discovered through many years of nourishing concoctions passed from one to another generations to restore balance to your skin and hair we have specific therapies for shiny, strong, and youthful hair. Each treatment is design to suit your hair needs, including scalp purification techniques for those concerned with hair loss, damage hair and dandruff. All products are herbal and comical free.

3,800/-

75 Mins.

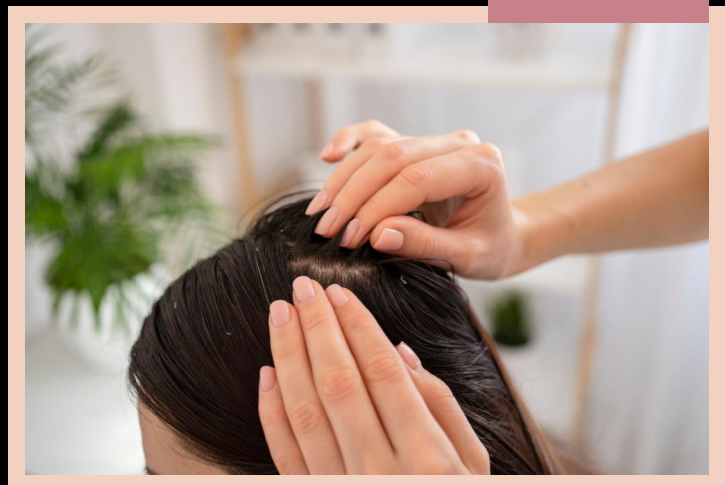


SCALP TREATMENTS

This treatment to soothe a dry and dandruff scalp. For that we have rich ayurvedic products like serum and masks in this treatment we do 4 steps including shampoo and blow dry. This is good for dry scalp, dandruff.

4,200/-

75 Mins.



HAIR BOOST

A treatment to promote hair growth and reduce hair loss and hair fall. Begins with herbal oil massage followed our herbal hair mask rich in necessary vitamins is applied with steam for maximum absorption to nourish the hairs. Then a deep cleaning with our herbal shampoo followed by conditioner than a complimentary blow dry.

4,500/-

75 Mins.

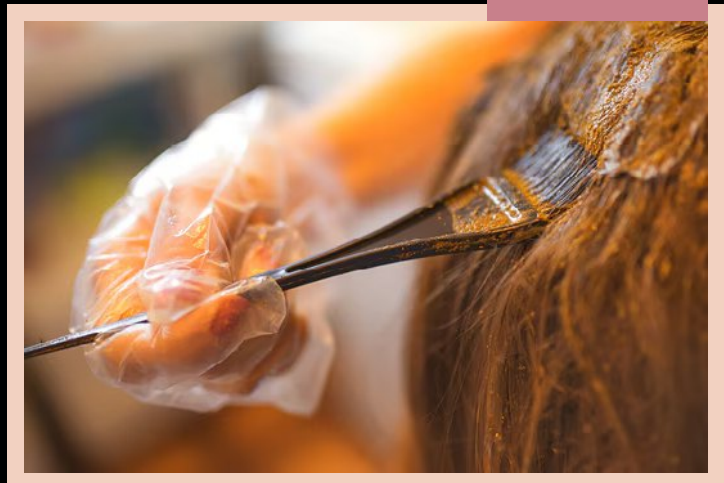


DEEP HENNA TREATMENT

Revive hair with this deep all in one healing treatment our renowned henna mask is applied throughout the hair under steam to deeply penetrate and repair the hair fibers afterwards hair is deeply washed with our herbal shampoo followed by the massaging conditioner application the treatment ends with our ni rinse lotion for shining followed by complimentary blow dry

3,300/-

75 Mins.



HAIR WASH AND BLOW DRY

Our hair wash is not just a quick cleaning session, we make it an enjoyable and healthy experience for you that includes.

Shampooing with our natural adapted to your hair type our shampoo is 100% natural as well as being sulfate, phosphate free. Than nourishing conditioner with a relaxing scalp massage adapted to your hair type. Leave on a hair lotion made of 100 % natural ingredients to keep nourishing your hair after the treatment and give it beautiful shine. Blow dry with our experienced hair specialist because g good blow dry is a work of art.

550/-

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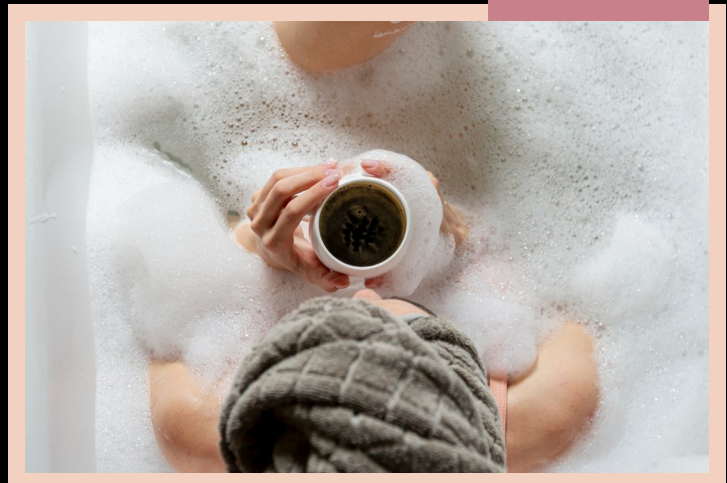


TRADITIONAL MOROCCO HAMMAM

The authentic hammam experience that includes all the traditional steps and more. Starting with the application of our special hammam soap. Your skin now ready for a full body exfoliation with loofh by our beloved therapist. Exfoliation is followed by our re-mineralizing body mask made with mineral rich plants and clay to absorb all the toxins in the pores and nourish your skin at the same time.

4,500/-

75 Mins.



ROYAL HAMMAM

In this treatment we include hair also. During treatment hair is pampered as the first step with a specially designed hair oil mask application. While your hair is nourished your therapist massages you with our special hammam soap followed by exfoliation with the kessa glove. For nourishing your senses will be delighted with an aroma of honey and lemon in a mask way, this mask is a beautiful skin replenishing experience with the infusion of honey, olive oil and Shea butter and fruit extracts. It's a idle body mask for dull, lifeless and rough skin. Your face is also taken care off in this treatment.

4,900/-

75 Mins.



SIGNATURE HAMMAM

The ultimate hammam experience to indulge your soul, your hair, face and body all are deeply treated. This is a beautiful scented experience. This unique hammam starts with a 100 % natural nourishing rich hair oil mask adapted to your hair concern. Then w start with a fusion therapy for your body with dry and oil combination. Than w start with application of our special hammam soap followed by exfoliation. Than we start your body wraps to provide ultimate pampering and this is the end of your scented journey.

5,500/-

90 Mins.





[SPA & WELLNESS]

Aurem Spa



Prayagraj



Aliganj



Indira Nagar



Golden Tulip, Lucknow



18005719833

(TOLL FREE)